

relax

MORE THAN A DAY SPA – MORE LIKE A DREAM RESORT!

Coldwater Creek The Spa is not a faraway place. But it will take your mind and body miles and miles away. For just an hour or an entire day, enjoy the expert treatments, soothing ambience and caring service so important to your health and well-being. It's the perfect resort experience, any time of the year.

THE SETTING

Nothing completes a day of shopping at Coldwater Creek like a stopover at The Spa. Relaxing. Comfortable. And comforting. You may not want to leave; you'll definitely want to come back.

THE STAFF

You'll be greeted with a smile, and then whisked away to another world by our highly trained staff.

THE PRODUCTS

Each line we use is the choice of spa professionals around the world – these products will not only add extraordinary dimension to your treatment, but will be among our recommendations for you to take home.

THE SERVICES

The Spa offers a fascinating comprehensive menu of services to relieve the stress of your day. Our services will provide you with some well-deserved pampering. Massages, facials, body scrubs, pedicures ... it's everything you could want at your own personal oasis.

SERVICES FOR YOUNG ADULTS

Please ask the Front Desk associate about services for anyone under 18.

CANCELLATION POLICY

As a courtesy to other guests we ask that you give us at least 24 hours' notice should you need to cancel or change your appointment.

SPA SAVINGS PACKAGES

The Spa offers savings on select services when purchased in a series. Please see the front desk for more information.

FACIALS

organic facial 30 minutes \$55

This enzyme and peptide facial uses all organic products! Includes a neck and shoulder massage, facial massage, eye lift massage and a scalp massage ... perfect for both women and men.

cleansing facial 30 minutes \$55

A deep cleansing alternative, with concentration on an exceptionally comfortable extraction technique. Includes neck and shoulder massage.

all about you facial 30 minutes \$55

Our customized 30 minute facial is designed specifically around your skin care needs. All skin types will benefit from this cleansing treatment. Includes creamy cleanser, exfoliation, neck and shoulder massage.

back facial 30 minutes \$55 | add to any 50 minute facial \$35

This warm and relaxing full back cleansing includes extractions, exfoliation, a mask and the application of special treatment botanicals.

the essential facial 50 minutes \$100 | 80 minutes \$135

This "must have" starts with skin analysis and customized products tailored to suit your particular skin type, from aging or sensitive to acne-prone. Includes extractions. Our 80-minute version includes a paraffin foot treatment and eyelift treatment.

skin therapy for men 50 minutes \$100

This specialty facial designed for men combines a complete skin analysis, and a customized selection of products to suit your skin type. This treatment helps relieve common irritations caused by razors and wind/sun exposure, while also cleansing, balancing and renewing.

vitamin c facial 50 minutes \$110

A powerful antioxidant boost to firm, brighten and protect your skin. Rich in antioxidant vitamins, proteins, minerals and botanical extracts. Includes massage for face, neck and shoulders, take-home vitamin C treatment. (Does not include extractions.)

ultimate anti aging facial 80 minutes \$150

Our most advanced rejuvenation treatment combines the latest anti-aging technologies to deliver maximum results and benefits in every step. Intensely rehydrating with a special exfoliation to improve texture, tone and elasticity. Includes eyelift treatment.

PEELS

We offer corrective peels for all your skin care concerns. For optimal results our peels are recommended in series of 3-6 services over a 2-4 month period. **one peel 30 minutes**

lactic peel one peel 30 minutes \$110 | series of 3 peels \$255

Moisturizing and anti-inflammatory ingredients make this peel ideal for more sensitive skin including mild cases of acne or rosacea. Helps stimulate production of collagen and elastin to help the skin become tighter and firmer.

4 layer facial peel one peel 30 minutes \$110 | series of 3 peels \$255

A blend of alpha hydroxyl acids that gently exfoliate the skin using enzymes to speed up cell turnover. Improves texture and will tighten, lighten and brighten skin.

wrinkle lift treatment peel one peel 30 minutes \$110 | series of 3 peels \$255

This treatment contains a glycolic & retinol blend which penetrates to tighten the skin. Helps with new cell regeneration and increased production of collagen to create younger-looking skin.

lightening lift treatment peel one peel 30 minutes \$110 | series of 3 peels \$255

A clinical blend of kojic and lactic acids designed to improve age spots, texture, fine lines and wrinkles.

acne lift treatment peel one peel 30 minutes \$110 | series of 3 peels \$255

Resurfacing combination of salicylic and glycolic acids that breaks up keratin in the cell, gently exfoliating dead skin cells. This dual effect makes it an excellent, safe and gentle peel for young and mature skin.

SKIN CARE ENHANCEMENTS

(can be added to any facial service)

tighten, lighten and brighten \$15

Optically diffuses the look of wrinkles, revitalizes dull sallow skin.

diamond wrinkle treatment \$15

Dramatically lifts, plumps and tightens deep-set creases and fine lines.

eye treatment \$15

Treats dark circles, under-eye bruising, strengthens fragile capillaries.

redness defying \$5

Neutralizes redness and smoothes irritated skin. Recommended after waxing.

passion peel face \$25

an organic fruit resurfacing solution that is great for all skin types.

maple luscious lip treatment \$15

Diminishes the appearance of fine lines, wrinkles and any discoloration around the mouth.

paraffin treatments:

The perfect addition to any of our services. Paraffin softens and hydrates all skin types. Heat from the paraffin helps the lotions and body butter to penetrate the skin more deeply, making this a wonderful option for customers experiencing dry skin, eczema, dermatitis or psoriasis. Paraffin also increases circulation which relieves stiffness around the joints.

Paraffin Treatment for hands or for feet ~ Your choice. \$15

Paraffin Treatment Combo ~ Includes hydrating paraffin treatment for both hands & feet. \$25

Detoxifying Paraffin Foot Treatment ~ Paraffin treatment which includes the use of red clay which pulls toxins from the skin leaving the feet refreshed and supple. **\$20**

MASSAGES

take-a-break massage 30 minutes \$55

Revives and refreshes. Individualized to suit your needs, focusing on your area of choice, such as neck and shoulders or lower legs and feet.

reflexology foot treatment 30 minutes \$45 | 50 minutes \$80

Works pressure points in the feet to restore balance and relaxation to all body systems.

the essential massage 50 minutes \$95 | 80 minutes \$130

Utilizes classic Swedish massage techniques and is ideal for those new to massage therapy.

pregnancy massage 50 minutes \$100

Our expert massage therapists are specially trained in this type of massage, avoiding certain techniques, stretches and pressure points to ensure your safety.

deep tissue massage 50 minutes \$105 | 80 minutes \$145

A combination of acupressure techniques and therapeutic deep pressure to melt away tension.

ultimate massage 80 minutes \$145

Full body and acupressure face massage combined with foot reflexology followed by a paraffin foot treatment. Choice of hydrating body butter.

hot river stone massage 80 minutes \$145

Softly rounded water-heated stones take on a comfort-inducing role to ease muscle tension.

MASSAGE AND BODY TREATMENT ENHANCEMENTS

hot stone enhancement \$20

Customize and enhance your massage with an application of warm stones expertly applied to your back and neck. Heat from the stones will penetrate deep into muscles for quick effective tension relief. The warm stones will intensify your relaxation and will leave you wanting more!

body exfoliation enhancement \$45

An invigorating scrub using mineral salts, combined with essential oils to exfoliate and rehydrate your skin.

scalp massage enhancement \$10

A relaxing addition to any massage.

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BODY TREATMENTS

body exfoliation treatment 30 minutes \$55

This wonderful enhancement can be added before any massage! Exfoliating the skin prior to your massage will allow increased penetration of the hydrating lotion or body butter applied during your massage, giving your skin an extra hydrating boost. You will leave glowing!

mango-ginger sugar polish 50 minutes \$90

Polish rough areas to reveal noticeably softer, more luminous skin.

pomegranate salt glow 50 minutes \$90

Rich in antioxidant vitamins A & C, it delivers vital anti-aging benefits and erases surface impurities.

aromatherapy body retreat 80 minutes \$140

This all-encompassing spa experience starts with a two-step exfoliation, followed by a luxurious application of a stress relieving essential oil blend, and hydrating body butter, which is expertly massaged into your skin. You're then cocooned in linens while you enjoy a neck and scalp massage, and a special treat for your feet!

MANICURES

the essential manicure 30 minutes \$25

Your choice of Shea Butter is applied, followed by our hydrating heated mitts. Finish with an expert nail grooming and polish.

gentleman's manicure 30 minutes \$25

Nails and cuticles are neatly groomed, then expertly buffed.

the ultimate manicure 45 minutes \$35

Our essential manicure, plus our exclusive ultimate hand massage, citrus exfoliation, paraffin hand treatment and hot towels for an indulgent experience.

anti aging manicure 40 minutes \$50

Enhance your perfect manicure with a fruit enzyme peel loaded with aloe vera, passion fruit and papaya. Our organic passion fruit peel is wonderful for treated dehydrated hands...especially those with age spots and discoloration.

quick polish change 15 minutes \$15

Short on time? Freshen up tired-looking fingernails with the expertly applied color of your choice.

nail enhancements:

Paraffin Treatment for hands or for feet ~ Your choice. \$15

Paraffin Treatment both hands & feet ~ \$25

Detoxifying Paraffin Foot Treatment ~ \$20

French Polish ~ \$5

PEDICURES

toe polish change 30 minutes \$30

Our eucalyptus foot soak, followed by nail shaping, cucumber heel therapy and expertly applied polish.

the essential pedicure 45 minutes \$55

Combines a eucalyptus foot soak, citrus exfoliation and perfectly executed nail grooming and polish.

gentleman's pedicure 50 minutes \$65

After a relaxing foot soak, we soften calluses and give you a vigorous scrub, hot towels and our own exclusive ultimate pedicure massage.

tropical pedicure 50 minutes \$70

Experience a touch of the tropics with hot towels and our own ultimate foot massage combined with mango, kiwi and coconut essential oils. A rich exfoliating scrub combined with perfect nail grooming will leave your feet feeling refreshed and revitalized.

the ultimate pedicure 80 minutes \$80

Our exclusively...will ultimately take you off your feet! Starting with a mineral foot soak to calm and cleanse, followed by a warming raw sugar scrub that exfoliates, polishes and smoothes your feet and legs. A volcanic clay mask fortified with hydrating vitamins and minerals to deeply condition your feet is applied prior to our own ultimate foot massage. Finished with perfectly executed nail grooming and polish.

hot river stone pedicure 80 minutes \$105

Refresh tired feet and legs with our therapeutic hot stone pedicure. Softly rounded water-heated stones induce blissful comfort while easing muscle tension. Your feet are nourished and exfoliated with our Maple Sugar Scrub, followed by a hydrating paraffin treatment and expertly applied polish.

paraffin treatments:

The perfect addition to any of our services. Paraffin not only softens and hydrates the skin, but also increases circulation while relieving stiffness around the joints.

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Paraffin Treatment both hands & feet ~ \$25

Detoxifying Paraffin Foot Treatment ~ \$20

ADDITIONAL SERVICES

cosmetic application/consultation times vary \$15 - \$80

From a mineral foundation application (complimentary with any facial of 60 minutes or longer) to a full makeover. Application lessons are also available.

waxing

We offer a full range of facial and body hair removal options using state-of-the-art waxing techniques.

Brow ~ \$25

Chin ~ \$15

Lip ~ \$15

Full Face ~ \$45

Underarm ~ \$25

Bikini ~ \$35

Extended Bikini ~ \$40

Half Leg ~ \$40

Half Arm ~ \$40

Half Back ~ \$45

Full Back ~ \$60

Full Arm ~ \$50

Full Leg ~ \$60

THE SPA PACKAGES

essential well-being 2 hours 30 minutes \$240 |

add essential manicure, 3 hours \$265

Three of our relaxation and beauty treatments: *Essential Facial, Essential Massage and Essential Pedicure*. A truly soothing transformation for the body and mind.

hot river stone and sugar polish package 2 hours 15 minutes \$235

Mango-Ginger Sugar Polish followed by our Hot River Stone Massage. You will leave floating!

restful rapture 3 hours 15 minutes \$235

A uniquely rewarding combination of therapies: aromatherapy body retreat body treatment, the essential manicure and the ultimate pedicure. Pure indulgence for the body, mind and spirit.

ultimate spa day 5 hours \$440

Imagine a full day entirely devoted to your complete renewal and rejuvenation. Enjoy our hot river stone massage, mango-ginger sugar polish, the essential facial, the ultimate manicure and the ultimate pedicure.

Please ask about our lunch services, which are available at any point during your extended spa stay.